

## **Education**

### **Yale University**

- Clinical Research Fellow, Yale School of Public Health (2018–2019)

### **New York University**

- Ph.D., Counseling Psychology (2012–2019)
- Fellow and Adjunct Instructor, Dept. of Applied Psychology

### **Columbia University Teachers College**

- Coursework completed in M.A. program in Clinical Psychology (2010–2011)

### **Cambridge University**

- M.Phil., Criminological Research (2004–2005)

### **Georgetown University**

- B.A., English and Government (2002)
- Honors Thesis, Department of Government
- Magna cum laude, Phi Beta Kappa

## **Books**

**Belser, A.B.**, Cavnar, C., & Labate, B.C. (eds.) (2022). Queering Psychedelics: From Oppression to Liberation in Psychedelic Medicine. Santa Fe, New Mexico: Synergetic Press.

Brennan, W & **Belser, A.** (2024). EMBARK Psychedelic Therapy for Depression: A New Approach for the Whole Person. Oxford University Press.

## **Clinical, Research, and Professional Experience**

### **Yale University**

**Co-Investigator, Efficacy of Psilocybin in OCD: a Double-Blind, Placebo-Controlled Study**  
*Jan. 2018 – Present*

**Private Practice, Licensed Psychologist, New York, NY**  
**Licensed Psychologist**

*Aug. 2019 – Present*

- Provided individual, couples, and family therapy, specializing in psychedelic-assisted psychotherapy and working with gender and sexually diverse people.
- Supervised psychologists in training.
- New York State License Number: 023346.

**Cybin**

**Chief Clinical Officer**

*Nov. 2020 – May 2023*

- Led psychedelic clinical drug development for Cybin, a publicly traded (NYSE) ethical biopharmaceutical company.
- Managed multi-million dollar annual budget and over 50 contract consultants.
- Oversaw clinical trial design, indication selection, clinical development plan, psychotherapy development, psychedelic facilitator training program, and sponsorship of clinical trials for both psilocybin and DMT analogues.
- Efficacious clinical trial resulted in Breakthrough Therapy Designation (BTD) from the US FDA.
- Met with regulatory agencies in USA (FDA), Canada, and the UK (MHRA).
- Continued as Officer of Cybin, U.S. until June, 2024.
- Consultant at present.
- Chaired Scientific Advisory Board.

**Adelia Therapeutics**

**Chief Clinical Officer**

*June 2020 – Nov. 2020*

- Directed the Clinical Program investigating tryptamines and phenethylamines for a variety of treatment indications, leading to the successful \$16MM acquisition of the company.

**Compass Pathways**

**Research Advisory Board Member to Non-Profit; Consultant, Research Protocol Design**

*2015 – 2017*

- Co-authored a research protocol for a European multicenter randomized controlled pragmatic trial: The Effect of Psilocybin-Assisted Therapy for Psychological Distress in Patients with a Cancer Diagnosis.

**Nautilus Sanctuary**

**President and Co-Founder**

*Jan. 2020 – Jan. 2021*

- Nautilus Sanctuary, Inc. is the first non-profit center for psychedelic medicine on the east coast.
- Served as the Founding President, secured fiscal sponsorship from MAPS, and grew the organization to become a large clinical site for MDMA research for the treatment of PTSD.

**MAPS Public Benefit Corporation**

**Study Therapist, Sub-Investigator, Phase 3 Trial of MDMA-Assisted Psychotherapy for the Treatment of Severe PTSD**

*Nov. 2017 – Oct. 2020*

- Provided clinical treatment to clients with severe PTSD as part of a national FDA-approved Phase 3 trial of MDMA-assisted psychotherapy.
- Clinical Site was Affective Care, PLLC Nov. 2017 – Oct. 2018

**Yale University, ESTEEM Research Lab**

**Clinical Research Fellow**

*Jan. 2018 – July 2019*

- Provided clinical supervision to psychologist trainees.
- Conducted LGBTQ+ affirmative therapy for gay and bisexual young men as part of a randomized-controlled trial of a transdiagnostic minority stress psychotherapy intervention.

**Happy**

**Co-Founder and Advisor**

*Jun 2018 - Apr. 2021*

- Co-founded Happy, a start-up focused on centralizing peer support via a live call-in app, staffed by compassionate and trained peer supporters
- Led a team of Support Givers, managed partnership efforts with national mental health organizations, developed financial models and investor summaries, and oversaw quality assurance and data analysis using SQL and PowerBI, while driving enterprise initiatives.

**Mount Sinai Beth Israel**

**Psychology Intern**

*July 2016 – June 2017*

- Conducted individual adult, child, family, and group psychotherapy in a psychiatric outpatient clinic and an inpatient hospital setting.
- Treatments included Dialectical Behavioral Therapy (DBT), substance use recovery.
- Provided clinical supervision for the Brief Psychotherapy Research Program.

**Dept. of Applied Psychology, New York University**

**Steinhardt Fellow, NIH-Funded Graduate Research Assistantship, Research Lab of Arnold H. Grossman, Ph.D.**

*2012 – Aug. 2019*

- NIH-funded five-year longitudinal study on LGBT youth examining risk and protective factors for suicidal behaviors.
- Supervised graduate students.
- Conducted inter-rater reliability analyses.
- Selected psychosocial instruments for the study.
- Performed statistical analyses using R, SPSS, MPlus, and Stata.
- Conducted exploratory and confirmatory factor analyses, structural equation modeling, and growth curve analysis.
- Performed hierarchical multiple regression, moderation, and mediation analyses in R.

**New York State Psychiatric Institute (PI)**

**Research Assistant & Co-Author, Research Lab of Helen Verdeli, Ph.D.**

*2010 – 2012*

- Areas of research include global mental health, interpersonal psychotherapy, treatment adaptation, treating depression in military spouses, stigma among racial minority young adults in criminal justice, and training of Haitian clinicians to provide mental health interventions in post-earthquake Haiti.

**Columbia University Teachers College**

**Research Assistant & Co-Author, Research Lab of Elizabeth Midlarsky, Ph.D.**

*2010 – 2012*

- Areas of research include altruism, prosocial behavior in later life, the health impact of volunteering, philanthropy, bipolar disorder and other cycling mood disorders, and mood-monitoring using validated assessments on mobile devices.

**Psychedelic Research Group (PRG), New York University**

**Founding Member, Administrative Director**

*2006 – 2020*

- Administrative Director of a double-blind placebo-controlled crossover study investigating the efficacy of psilocybin-assisted psychotherapy in the treatment of anxiety in advanced cancer patients.
- Lead Investigator, NYU Psilocybin Cancer Anxiety Qualitative Study, an interview study investigating psilocybin-assisted psychotherapy for distress among cancer patients.
- Co-Primary Investigator of the NYU Psilocybin Alcohol Dependence Qualitative Study, in which psilocybin treatment is being developed as an intervention for refractory alcoholism.
- Designated Interviewer, Religious Leaders Study, a qualitative study of religious and spiritual leaders who are administered psilocybin at both NYU and Johns Hopkins University.

**Saint Barnabas Hospital, Bronx, NY**

**Psychology Extern**

*July 2015 – June 2016*

- Trained on three rotations: an adult psychiatric inpatient unit, a psychiatric emergency room, and a hospital nursing home for patients with medical conditions.

**Psychological Testing for the New York State Adult Career & Continuing Education Services (ACCES-VR)**

**Psychology Extern**

*April 2014 – Dec. 2014*

- Conducted comprehensive psychological evaluations of the client's current intellectual, academic, and emotional functioning as an aid to vocational planning.
- Completed seven integrated testing batteries, including for the Office for People with Developmental Disabilities (OPWDD) and New York State ACCES-VR (Vocational Rehabilitation).

**National Institute for the Psychotherapies (NIP), New York, NY**

**Psychology Extern**

*June 2013 – May 2015*

- Provided individual psychotherapy to culturally diverse clients in an outpatient mental health facility.

**Bellevue Hospital Center**

**Inpatient Dual Diagnosis Unit, 20 East, New York, NY**

**Psychiatric Intern**

*2009 – 2010*

- Trained on this inpatient psychiatric 30-bed unit for patients
- Focus on co-occurring substance use disorder and severe and persisting mental illness.

**Institute of Criminology & The Mount Prison**

**Cambridge University, Hertfordshire, England, Prison Institutional Researcher**

*2004 – 2005*

- Conducted semi-structured interviews with incarcerated men in a north London prison.
- Area of research: substance use behaviors and criminal offending behaviors.

**Cantor Fitzgerald**

**Vice President, Data Scientist**

*2006 – 2020*

- Managed front-office trading and sales data analyses for the Debt Capital Markets and Equity Capital Markets Divisions.
- Duties included internal project development, complex statistical modelling, internal compliance auditing, and business disaster recovery operations.
- Promoted to Vice President, 2009
- Founder, Socially Responsible Investing (SRI) Initiative

- SQL programmer, Sybase, MYSQL, and SQL Server

**Bark Slope LLC**

**Small Business Owner, Brooklyn, New York**

*2006 – 2009*

- Incorporated a Limited Liability Company in New York State.
- Managed a Brooklyn-based dog-walking and house-sitting bonded business.
- Hired and employed two staff associates.

**Vera Institute of Justice (formerly Family Justice)**

**Policy Associate, New York, NY**

*2005 – 2006*

- Directed an initiative to design and test a new assessment instrument for use in corrections: the Relational Inquiry Tool (RIT).
- The RIT is a strengths-based assessment used by corrections officers to engage individuals under criminal justice supervision, including inmates, probationers, and parolees.

**United States Department of Justice**

**Office of Consumer Litigation**

**Manager of Information Technology and Paralegal, Washington, D.C.**

*2002 – 2004*

**Georgetown Prison Outreach Programs**

**Center for Social Justice Research, Teaching & Service**

**Program Director, Washington, D.C.**

*1998 – 2002*

- Managed a program providing educational services to over 500 incarcerated men, women, and detained juveniles.
- Supervised 100 volunteers and grew the program to become one of Georgetown's largest social justice initiatives.
- Sites included: Oak Hill Juvenile Detention Facility in Maryland, Lorton Prison in Virginia, and Arlington County Detention Facility in Virginia.
- At a juvenile detention facility, supervised a group of ten volunteer mentors and incarcerated at-risk boys.

**Teaching Experience**

**Course Faculty for Psychedelic Training Programs and Workshops:**

- Harvard Medical School
- Karolinska Institute
- State University of New York (Baruch)

- Cybin
- Chacruna Institute
- Synthesis Institute
- ATMA
- Embody Lab
- Integrative Psychiatry Institute

**Department of Applied Psychology, New York University**  
**Adjunct Instructor**

*Summer 2019*

- **Course:** APSY-GE 2634.001 Dynamics of Vocational Development (Master's level)
- Taught seminar on vocational perspectives in psychotherapy, emphasizing market work, care work, and life co-construction.

**Department of Applied Psychology, New York University**  
**Adjunct Instructor**

*Fall 2018, Fall 2014*

- **Course:** APSY-GE 2658 Individual Counseling Practice I (Master's level)
- Taught seminar on basic counseling skills, including rapport building, interviewing, and providing psychotherapy.

**Department of Clinical Psychology, TC, Columbia University**  
**Teaching Assistant**

*Spring 2011*

- **Course:** CCPX 4037 Cognitive Behavioral Theory in Clinical Populations (Master's level)
- **Professor:** Helen Verdeli, Ph.D.
- Co-taught class on CBT efficacy and techniques; facilitated session on Panic Disorder & Agoraphobia; graded exams.

**English Department, Georgetown University**  
**Teaching Assistant**

*Spring 2002*

- **Course:** Composition, Modules on Virtual Writing (Undergraduate)
- **Professor:** Patricia E. O'Connor, Ph.D.
- Taught students to adapt writing to online platforms; provided technical guidance on website development.

**Government Department, Georgetown University**  
**Teaching Assistant**

*Fall 1998*

- **Course:** GOVT-008 United States Political Systems (Undergraduate)

- **Professor:** Mark Lance, Ph.D.
- Taught federal inmates at Lorton Prison; graded papers; facilitated discussions on U.S. political systems.

**Arlington County Jail, Arlington, VA**  
**Instructor, Prison Computer Literacy**  
2002 – 2004

### Grants

**Heffter Research Institute**  
2013

- **Grant:** Patient experiences of psilocybin-assisted psychotherapy: An interpretative phenomenological analysis.
- **Institution:** New York University
- **Amount:** \$50,000
- **Role:** Lead Investigator

**Robert Wood Johnson Foundation**  
2005 – 2007

- **Grant:** Developing a Relational Inquiry Tool for use in Probation and Parole
- **Amount:** \$200,000
- **Awarded to:** Family Justice, now part of the Vera Institute of Justice, New York, NY
- **Role:** Grant Writer/Contributor

### Peer-Reviewed Articles & Chapters

1. Brennan, B., Kelman, A., & **Belser, A. B.** (2023). A Systematic Review of Reporting Practices in Psychedelic Clinical Trials: Psychological Support, Therapy, and Psychosocial Interventions. *Psychedelic Medicine*, 1(4), 218-229.
2. Kelmendi, B., Kichuk, S. A., DePalmer, G., Maloney, G., Ching, T. H., **Belser, A.**, & Pittenger, C. (2022). Single-dose psilocybin for treatment-resistant obsessive-compulsive disorder: A case report. *Heliyon*, 8(12).
3. **Belser, A.B.**, & Keating, A (2022). A Queer Vision for Psychedelic Research: Past Reckonings, Current Reforms, and Future Transformations. In Belser, A.B., Cavnar, C., & Labate, B.C. (eds.) *Queering Psychedelics: From Oppression to Liberation in Psychedelic Medicine*. Santa Fe, New Mexico: Synergetic Press.
4. McKernan, S. & **Belser, A.B.** (2022). Best Practices for Assessing Sexual Orientation and Gender Identity in Psychedelic Clinical Trials: A Proposed Assessment. In Belser, A.B., Cavnar, C., & Labate, B.C. (eds.) *Queering Psychedelics: From Oppression to Liberation in*



*Psychedelic Medicine*. Santa Fe, New Mexico: Synergetic Press.

5. **Belser, A.B.**, Cavnar, C., & Labate, B.C. (2022). Introduction to Queering Psychedelics. In Belser, A.B., Cavnar, C., & Labate, B.C. (eds.) *Queering Psychedelics: From Oppression to Liberation in Psychedelic Medicine*. Santa Fe, New Mexico: Synergetic Press.
6. Brennan, W., & **Belser, A. B.** (2022). Models of Psychedelic-Assisted Psychotherapy: A Contemporary Assessment and an Introduction to EMBARK, a Transdiagnostic, Trans-Drug Model. *Frontiers in Psychology*, *13*, 1879.
7. Gorman, I., **Belser, A. B.**, Jerome, L., Hennigan, C., Shechet, B., Hamilton, S., ... & Feduccia, A. A. (2020). Posttraumatic Growth After MDMA-Assisted Psychotherapy for Posttraumatic Stress Disorder. *Journal of Traumatic Stress*.
8. Malone, T. C., Mennenga, S. E., Guss, J., Podrebarac, S. K., Owens, L. T., Bossis, A. P., **Belser, A. B.**, Agin-Liebes, G., Bogenschutz, M. P., Ross, S. (2018). Individual experiences in four cancer patients following psilocybin-assisted psychotherapy. *Frontiers in Pharmacology*, *9*, 256.
9. **Belser, A. B.**, Agin-Liebes, G., Swift, T. C., Pilgreen, S., Devenot, N., Friedman, H. L., Guss, J., Bossis, A., Ross, S. (2017). Patient experiences of psilocybin-assisted psychotherapy: An interpretative phenomenological analysis. *Journal of Humanistic Psychology*, 0022167817706884, 1-35.
10. Swift, T. C\*., **Belser, A. B.\***, Agin-Liebes, G.\*, Terrana, S., Devenot, N., Friedman, H. L., Guss, J., Bossis, A., Ross, S. (2017). Cancer at the dinner table: Experiences of psilocybin-assisted psychotherapy for the treatment of cancer-related psychological distress. *Journal of Humanistic Psychology*, 0022167817715966, 1-32. [\* First authors who contributed equally to the work.]
11. Ioverno, S., **Belser, A. B.**, Baiocco, R., Grossman, A. Russell, S.T., (2016). The protective role of gay-straight alliances for lesbian, gay, bisexual, and questioning students: A prospective analysis psychology of sexual orientation and gender diversity. *Psychology of Sexual Orientation and Gender Diversity*, *3*(4), 397-406.
12. Ross, S., Bossis, A., Guss, J., Agin-Liebes, G., Malone, T., **Belser, A. B.**, Kalliontzi, K., Cohen, B., Babb, J., Zhe, S., Corby, P., Schmidt, B. (2016). Sustained Reductions in Cancer-Related Anxiety and Depression with Psilocybin. *Journal of Psychopharmacology*, *30*(12), 1165-1180
13. Yaden, D. B., Le Nguyen, K. D., Kern, M. L., **Belser, A. B.**, Eichstaedt, J. C., Iwry, J., Smith, M. E., Wintering, N. A., Hood, N., A., Newberg, A. B. (2016). Of roots and fruits: A comparison of psychedelic and non-psychedelic mystical experiences. *Journal of Humanistic Psychology*, *1*, 1-16.
14. Midlarsky, E., Kahana, E., and **Belser, A. B.** (2015). Prosocial behavior in later life. In D. A. Schroeder & W. Graziano, (Eds.) *Oxford handbook of prosocial behavior*. Oxford: Oxford University Press.
15. Verdeli, H., Bailey, C., Vousoura, E., **Belser, A. B.**, Singla, D., Manos, G. (2011). A group adaptation of Interpersonal Psychotherapy for the treatment of depression in military spouses:

IPT-GMS. *Journal of Educational and Developmental Psychology*, 1(1), 118-126.

16. Verdeli, H., Bailey, C., Vousoura, E., **Belser, A. B.**, Singla, D., Manos, G. (2011). The case for treating depression in military spouses. *Journal of Family Psychology*, 25(4), 488-496. doi: 10.1037/a0024525

### **Conference Presentations & Grand Rounds**

1. **Belser, A. B.** (2025, Mar forthcoming). *A queer critique of the psychedelic "mystical experience": A cautionary tale for buddhists*. Psychedelic Buddhism.
2. **Belser, A. B.** (2024, Jan). *Psychedelics and the queer community*. Harvard Medical School.
3. **Belser, A. B.** (2023, Apr) *Dear straight psychonauts: An open letter to cishet folks in the psychedelic community from a queer researcher*. Queering Psychedelics Conference.
4. **Belser, A. B.** (2022, May). *Psychedelic medicine: reckoning with the next wave of research and practice*. UCLA Psychiatry Grand Rounds, 3/8/22
5. <https://www.youtube.com/watch?v=CGJyMoOfvDE>
6. **Belser, A. B.** (2022, Apr). *Questioning the mystical experience questionnaire*. Religion and Psychedelics Forum, hosted by Chacruna.
7. **Belser, A. B.** (2021, Oct). *Panelist: Caring for frontline workers*. End Well 2021. <https://endwellproject.org/>.
8. **Belser, A. B.** (2021, Sep). *How to develop a psychotherapy for psychedelic medicine*. Plant Medicine & Psychedelic Assisted Therapies, Summit Hosted by The Embody Lab.
9. **Belser, A. B.** (2021, April). *Psychedelic therapy for gender and sexual minorities: how to dismantle homophobia and transphobia in our practices*. Interdisciplinary Conference on Psychedelics Research (ICPR), Holland. <https://icpr2020.net/speakers/alexander-belser/>
10. **Belser, A. B.** (2021, April). *Psychedelic medicine*. Grand Rounds, Lenox Hill Hospital, Northwell Health.
11. **Belser, A. B.** (2021, April). *Seven controversies in psychedelic medicine: a methodological approach*. Invited Talk at the International Society for CNS Clinical Trials and Methodology (ISCTM).
12. **Belser, A. B.** (2020, November) *The mystical experience in psychedelics: how a diversity of voices help us embrace different ways of knowing*. Hosted by Synthesis Institute. <https://www.synthesisinstitute.com/psychedelic-practitioner-training>
13. **Belser, A. B.** & Bennett, R. G. (2020, April). *Economics of ketamine treatment*. Psychedelic Liberty Summit, Chacruna, online. <https://chacruna.net/psychedelic-liberty-summit/>
14. **Belser, A. B.** (2019) *Psychedelic medicine*. GOOP Health Summit. <https://goop.com/wellness/mindfulness/igh-wellness-summit-recap-2019/>
15. **Belser, A. B.** (2019, July) *A queer critique of the psychedelic mystical experience*. Queering Psychedelics Conference. [https://www.youtube.com/watch?v=0RB557JiTms&feature=emb\\_imp\\_woyt](https://www.youtube.com/watch?v=0RB557JiTms&feature=emb_imp_woyt)

16. **Belser, A.B.** (2017, April) *Of roots and fruits: a comparison of psychedelic and non-psychedelic mystical experiences*. Paper presented at the Psychedelic Science 2017 Conference, Oakland, CA.
17. Swift, T. C., **Belser, A.B.** (2017, April) *Cancer at the dinner table: experiences of psilocybin-assisted psychotherapy for the treatment of cancer-related psychological distress*. Paper presented at the Psychedelic Science 2017 Conference, Oakland, CA.
18. **Belser, A. B.** (2017, May). *Psilocybin-assisted psychotherapy for anxiety and depression in cancer patients: A randomized clinical trial*. Grand Rounds, Mount Sinai Beth Israel Hospital, May 2017.
19. **Belser, A.B.** (2016) *Real, relational, and embodied: The first qualitative study of patient experiences of psilocybin-assisted psychotherapy*. Paper presented at the Interdisciplinary Conference on Psychedelics Research (ICPR), Holland.
20. **Belser, A.B.**, Doblin, R., Griffiths, R., Richards, W. (2016) *Psychedelics and Spirituality Panel*. Interdisciplinary Conference on Psychedelics Research (ICPR), Holland.
21. **Belser, A.B.**, Doblin, R., Feilding, A., Garcia, A., Gorman, I. Holland, J. (moderator) (2015) *What's the latest psychedelic research telling us?* Panel Discussion, 2015 International Drug Policy Reform Conference, Rosslyn, VA.
22. **Belser, A. B.**, Agin-Liebes, G., Swift, T. C., Ross, S (2015, May). *Psilocybin-administration as a treatment for anxiety in cancer patients: An interpretative phenomenological analysis*. Paper presented at the Society for Qualitative Inquiry in Psychology (SQIP) 2015 Annual Conference Symposium, The Graduate Center, City University of New York New York, NY.
23. Frank, J. A., **Belser, A. B.**, Barletta, Z. Y., McCutcheon, M. J., Russell, S. T., Grossman, A. H. (2014, August). *Potential mediators explaining elevated suicide ideation among bisexual male youth*. Paper presented at the American Psychological Association Convention, 2014, Washington, DC.
24. **Belser, A. B.**, Paleos, C. & Guss, J. (2014). *Toward a New Understanding of Non-Ordinary States of Consciousness: Egolysis and Egolytic States*. Paper presented at the Horizons Conference 2014, New York, NY.
25. **Belser, A. B.**, McCutcheon, M., Young, D., Frank, J., Russell, S., Grossman, A. H. (2014, March). *Do minority stressors predict negative outcomes among today's LGBTQ youth? Paper discussion symposium: Bullying-victimization of LGBTQ youth: roles of education, parents, and gender non-conformity*. Paper presented at the Biennial Meeting of the Society for Research on Adolescence, Austin, TX.
26. Frank, J., Young, D., Greenblatt, C., McCutcheon, M., **Belser, A. B.**, Russell, S., Grossman, A. H. (2014, March). *The impact of school-based victimization and positive parental reactions to sexual identities on LGBTQ youth. Paper discussion symposium: Bullying-victimization of LGBTQ youth: roles of education, parents, and gender non-conformity*. Paper to be presented at the Biennial Meeting of the Society for Research on Adolescence, Austin, TX.
27. Grossman, A. H., **Belser, A. B.** (2013, June) *Bullying, mental health issues, and suicide among LGBTQ youth*. Paper presented at the 1<sup>st</sup> International LGBT Psychology Conference, Lisbon, Portugal.

28. McCutcheon, M. J., **Belser, A. B.**, Frank, J. A., Greenberg, M. B., Grossman, A. H., & Russell, S. T. (2013, April). *Racial stress and LGBT stress as predictors of suicide ideation*. Paper presented at the Conference of the Society for Research in Child Development, Seattle, WA.
29. **Belser, A. B.** (2012). *The rule of three from NYU: (1) A patient speaks, (2) A proposed narrative study of patient experiences, and (3) Recent findings from the NYU Psilocybin Cancer Anxiety Study*. Paper presented at the Horizons Conference 2012, New York, NY.
30. **Belser, A. B.** (2010). *The New York University Psilocybin Cancer Anxiety & Spirituality Project*. Paper presented at the New York Academy of Medicine, Conference of the Society for Integrative Oncology, New York, NY.

### **Conference Posters**

1. Varty, G., Reichelt, A., Morgan, M., Krakowsky, J., Canal, C., Mueller, T., Avery, K., Pathare, P., Hartsel, J., **Belser, A.**, Bartlone, A., Drysdale, D., Nivorozhkin, A., & Palfreyman, M. (2022, May 27-29). *Pharmacological and pharmacokinetic profile of CYB003, a novel, orally active analog of psilocybin*. From Research to Reality Conference, Toronto, Canada.
2. Barletta, Z., **Belser, A.B.**, Frank, J., Russell, S., Grossman, A. H. (2015, August). *The role of nonsuicidal self-injury in suicidality among LGBTQ youth*. Poster, American Psychology Association's 2015 Convention, Toronto, Canada.
3. Frank, J. A., McCutcheon, M. J., **Belser, A. B.**, Goulding, J., Huynh, P. P. T., Greenberg, M. B., Russell, S. T. & Grossman, A. H. (2013, November) *Suicidal ideation and parental reactions to LGBT identity disclosure*. Poster presented at the American Public Health Association's 2013 Annual Meeting, Boston, MA.
4. Frank, J. A., Goulding, J., McCutcheon, M. J., **Belser, A. B.**, Greenberg, M. B., Grossman, A. H. & Russell, S. T. (2013, April) *Social support and suicide resilience*. Poster, Conference of the Society for Research in Child Development, Seattle, WA.
5. **Belser, A.** (2011). *The intersection of substance use and offending behaviors as disclosed by inmates in a United Kingdom prison*. Poster, American Psychology Association's 2011 Convention, Washington, D.C.
6. **Belser, A.** (2011). *Psychosocial distress in advanced cancer patients: an overview of psilocybin-assisted psychotherapy and the ongoing New York University Phase II pilot study*. Poster, American Psychology Association's 2011 Convention, Washington, D.C.

### **Invited Lectures**

1. **Belser, A. B.** (2025). *Exploring psychedelic therapy with EMBARK*. Invited talk, Mt. Tam Integration, Webinar.
2. **Belser, A. B.** (2024). *Controversies in psychedelic medicine: Toward the EMBARK approach to psychedelic therapy*. City University of New York Colloquium.
3. **Belser, A. B.** (2022). *Psychedelic-assisted psychotherapy for the treatment of depression and OCD*. Psychiatry Institute

4. **Belser, A. B.** (2021). *Panel: Building Bridges: Queering Psychedelics Two Years Later*. Chacruna Webinar, <https://chacruna.net/building-bridges-queering-psychedelics-two-years-later/>
5. **Belser, A. B.** (2021). *Psychedelic friction: 8 controversies in psychedelic medicine*. Stanford Psychedelic Group. <https://med.stanford.edu/content/dam/sm/spsg/documents/Belser-SPSG-Flyer-10.14.21.pdf>
6. **Belser, A. B.** (2021). *Psychedelic medicine, healing, & spiritual experience*. Embodied Philosophy webinar.
7. **Belser, A. B.** (2020). *Psychedelic psychotherapy: The promise, practice, and pitfalls of radical change*. Embodied Philosophy webinar.
8. **Belser, A. B.** (2021). *Psychedelics and LGBTQIA+ liberation*. Psychedelics, Intimacy, & Sex Summit 2.0. <https://doubleblindmag.com/psychedelics-and-lgbtqia-liberation-webinar/>
9. **Belser, A. B.** (2021). *Mysticism through a scientific lens: how research is legitimizing the healing power of the psychedelic experience*. Synthesis Institute: Fundamentals of Psychedelics
10. **Belser, A. B.** (2016). *Psilocybin-assisted psychotherapy and psychedelically occasioned mystical experiences: A preview of recent findings*. Invited Speaker, Yale School of Medicine, New Haven, CT.
11. **Belser, A. B.** (2016). *Psilocybin treatment for anxiety and depression in patients with life-threatening cancer: A randomized clinical trial*. Invited Speaker, University Medical Center of Utrecht, Holland.
12. **Belser, A. B.** (2014). *Person-centered therapy: an introduction to the Rogerian approach*. Invited Speaker, New York University undergraduate class, New York, NY.
13. **Belser, A. B.** (2013). *A mixed methods framed critique of psilocybin-assisted psychotherapeutic intervention research*. Invited Speaker, Presentation, Albert Einstein College of Medicine, New York, NY.
14. **Belser, A. B.** (2013). *Psilocybin-Assisted Psychotherapy as a Treatment for Cancer Anxiety*. Invited Speaker, Presentation, Integral New York, New York, NY.
15. Verdeli, H. & **Belser, A. B.** (2011). *Cognitive behavioral therapy for depression: an introduction to behavioral activation and problem-solving*. Class co-taught at Teachers College, Columbia University, course: CCPX 4037, Cognitive Behavioral Theory in Clinical Populations.
16. **Belser, A. B.** & Voursora, E (2011). *Cognitive behavioral therapy for the anxiety disorders: A review*. Class lecture co-taught at Teachers College, Columbia University, course: CCPX 4037, Cognitive Behavioral Theory in Clinical Populations.
17. Voursora, E. & **Belser, A. B.** (2011). *Cognitive behavioral therapy for depression: A review*. Class lecture co-taught at Teachers College, Columbia University, course: CCPX 4037, Cognitive Behavioral Theory in Clinical Populations.
18. **Belser, A. B.** (2011). *Social and intellectual attitudes toward drug-induced religious experience: A review of the article by James Bakalar*. Lecture presented at the NYU Langone Medical Center of Excellence on Addiction.

19. **Belser, A. B.** (2011). *Mindfulness: Clinical interventions and a review of the physical and mental health benefits*. Lecture presented at the NYU Langone Medical Center of Excellence on Addiction.
20. **Belser, A. B.** (2010). *World tree on fire: toward a psychological model for engaging large scale disaster and death events*. Lecture presented at the Poetry Science Talks, New York, NY.
21. **Belser, A. B.** (2009). *Narratives of substance use*. Presentation to the clinical research team, Langone Center of Excellence, Bellevue Hospital.
22. **Belser, A. B.** (2008). *Making good: sense-making after nadir experiences*. Presentation to the clinical research team, New York University Medical Center.
23. **Belser, A. B. & Appelbaum, L.** (2005) *Strength-based assessments from intake to parole: Improving reentry outcomes*. Presentation to the Staff of Framingham Women's Prison, Massachusetts Department of Corrections.
24. **Belser, A. B.** (2005). *Stories of drug use by UK prisoners*. Invited Lecture at the Cambridge University Summer Programme.
25. **Belser, A. B.** (2004-2005). *Designing community websites using Dreamweaver*. Course Instructor at Byteback, a community technology center (CTC) in Northeast Washington, D.C.
26. **Belser, A. B.** (2005). *Electronic evidence and data systems management*. Visiting Faculty, Course Presentation, National Advocacy Center, United States Department of Justice, Columbia, SC.
27. **Belser, A. B.** (2004). *E-Trial presentations*. Visiting Faculty Course Presentation, National Advocacy Center, United States Department of Justice, Columbia, SC.
28. **Belser, A. B.** (2002). *Service-Learning curriculum: Working with underprivileged populations*. Presentation before the Board of Trustees, Georgetown University College of Arts and Sciences.

### **University Service**

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|-------------|---|
| 2014 – 2015 | <b><i>Co-Chair, Student Action Group</i></b> , NYU Dept. of Applied Psychology Doctoral Program.                          |
| 2010-2011   | <b><i>Student Senator</i></b> , Clinical Psychology, Teachers College, Columbia University Student Senate.                |
| 2010-2011   | <b><i>Student Affiliate</i></b> , American Psychological Association.   |
| 2009        | <b><i>Affiliate</i></b> , American Psychological Association.   |
| 2004-2005   | <b><i>Elected Member</i></b> , Committee of Management, Cambridge University Law Faculty.                                 |
| 2004-2005   | <b><i>LGBT Representative</i></b> , Master's Committee, Queens' College of Cambridge University.                          |
| 2004-2005   | <b><i>Elected Master's Representative</i></b> , Master's Degree Committee, Cambridge University Institute of Criminology. |

### **Fellowships and Academic Honors**

- 2015 Merit Scholarship, New York University Steinhardt School (\$18,000).  
2015 Scholar Award, American Psychological Association (APA) Division 39.  
2012 – 2015 Full Fellowship, New York University Steinhardt School: funding for Ph.D. Program (\$126,084).  
2012 – 2015 Awarded fellowship stipends (\$72,990).  
2012 – 2014 NIH—Funded Graduate Research Assistantship—Risk and Protective Factors for Suicide among Sexual Minority Youth (R01MH091212-01A1): New York University.  
2011 Morton Deutsch Award for Social Justice, Columbia University.  
2002 Honors Thesis: Government Department, Georgetown University.  
2002 *Magna cum laude*, Georgetown University College of Arts and Sciences.  
2002 Member, *Phi Beta Kappa*, National Honor Society.

### **Professional Qualifications**

- Other Qualifications: Atlas.ti, computer-assisted qualitative data analysis software  
Microsoft Access Database: multi-user application development  
Advanced Proficiency in MS Office Suite: Excel, Word, PowerPoint  
Assistant Yoga Instructor, Kusala Studio, Greenpoint, Brooklyn, NY, 2012
- Programming: SQL Programming: Sybase, MYSQL and SQL Server  
Adobe Flex development: database driven graphic user interfaces  
Visual Basic for Applications (VBA)  
Website Development: Dreamweaver and HTML coding
- Statistical Packages: R statistical programming language  
MPlus (factor analysis, structural equation modeling)  
IBM SPSS Statistics 21  
Stata (longitudinal growth curve analysis, nested-data analysis)

### **Podcast Interviews**

1. Cauterucci, C., Gill-Peterson, J., & Lowder, B. (Hosts). (2024, February 15). *Are Throuples All That Different From Couples?* [Audio podcast episode]. In Outward: Slate's LGBTQ podcast. Slate Podcasts. <https://podcasts.apple.com/us/podcast/are-throuples-all-that-different-from-couples/id1425950706?i=1000599548282>
2. Carr, B. (Host). (2024, January 13). *Ep. 83 Will Psychedelic Medicine Change Your Mind? | Dr. Alex Belser* [Audio podcast episode]. In Brad Carr Podcast. <https://podcasts.apple.com/us/podcast/ep-83-will-psychedelic-medicine-change-your-mind-dr/id1433818402?i=1000594258574>
3. Psychedelics Today (2024, June 4). *The EMBARK Model of Psychedelic Therapy* [Audio podcast episode]. In Psychedelics Today. <https://psychedelictoday.com/2024/06/04/the-embark-model-of-psychedelic-therapy/>

4. Altered States of Context (2024, November 11). *EMBARK and the Role of Therapy in Psychedelics with Alex Belser* [Audio podcast episode]. In Altered States of Context. <https://altered-states-of-conte.captivate.fm/episode/episode-44-embark-and-the-role-of-therapy-in-psychedelics-with-alex-belser>
5. Psychedelics Today (2023, June 6). *Queering Psychedelics, The Dark History of Conversion Therapy, and The EMBARK Approach* [Audio podcast episode]. In Psychedelics Today. <https://www.psychedelicstoday.com/2023/06/06/pt413-alex-belser/>
6. Nowak, A. (Host). (2023, May 15). *Psychedelics Promote Empathy Ft. Dr. Alex Belser* [Video]. In Purposeful Empathy. YouTube. [https://www.youtube.com/watch?v=3007ki\\_3x80](https://www.youtube.com/watch?v=3007ki_3x80)
7. Dial, M. (Host). (2023, May 28). *The Exciting Options and Solutions that Psychedelics can Provide for Many of our Most Important Pathologies, with the renowned researcher, Dr. Alex Belser (MDE520)* [Audio podcast episode]. In Leadership, Brand Strategy & Transformation - Minter Dialogue. Evergreen Podcasts. <https://www.minterdial.com/2023/05/alex-belser/>
8. Psychedelic Support (2023, May 20). *EMBARK Psychedelic Therapy: A New Approach for the Whole Person* [Video]. YouTube. <https://www.youtube.com/watch?v=5FJVY24pU10>
9. Fisher, W. (Host). (2023, June 15). *Queering Psychedelics with Alex Belser* [Video]. In Queerly Beloved. YouTube. <https://www.youtube.com/watch?v=Z-lu2vyuU7A>
10. Glazer, E. (Host). (2023, December 10). *How Psychedelics Can Bend the Mental Health Cost Curve* [Audio podcast episode]. In Bright Spots in Healthcare. <https://healthpodcastnetwork.com/episodes/bright-spots-in-healthcare/how-psychedelics-can-bend-the-mental-health-cost-curve/>
11. Loree, K., & Megatron, S. (Hosts). (2023, September 11). *Queering Psychedelics with Dr. Alex Belser - Ep 46* [Audio podcast episode]. In Open Deeply Podcast. <https://podcasts.apple.com/us/podcast/queering-psychedelics-with-dr-alex-belser-ep-46/id1554118799?i=1000627444252&l=ko>
12. SKRAPs of Science & Innovation. (2021, June 18). *Recording on 50th Anniversary of "War on Drugs"*. <https://skrapspodcast.com/podcasts/psychederx/war-on-drugs/>
13. Mind Curious. (2021, June 24). *Queering Psychedelic Research: A Pride Special*. <https://open.spotify.com/episode/15VsBLfPomY9ADTQWIR3iq>
14. The Esalen Institute. (2021, Jan 22). *The Psychedelic Moment, Pt. 3: Dr. Alexander Belser on Queering the Psychedelic Movement* [Audio Podcast episode]. In *Voices of Esalen*. Apple Podcast. <https://podcasts.apple.com/us/podcast/psychedelic-moment-pt-3-dr-alexander-belser-on-queering/id1084621605?i=1000506248288>
15. Loehnen, E. (2018, December 11). *Are Psychedelics a Mental Health Panacea*. [Audio Podcast episode]. In *The goop Podcast*. Apple Podcast. <https://podcasts.apple.com/pg/podcast/are-psychedelics-a-mental-health-panacea/id1352546554?i=1000425582391>
16. Buller, K. (2019, June 18). *How Privilege Affects Gender Inclusivity in Psychotherapy*. [Audio Podcast episode]. In *Psychedelics Today*. <https://psychedelicstoday.com/2019/06/18/dr-alexander-belser-how-privilege-affects-gender-inclusivity-in-psychotherapy/>
17. Davis, E. (2019, June 2). *Queering Psychedelics*. [Audio Podcast episode]. In *Expanding Mind*. <https://techgnosis.com/queering-psychedelics/>



18. Sabat, E. (2019, Mar 1). ACISTE Community Conversation on Psychedelics and STEs March 2019. [Video Podcast episode]. In *ACISTE Non-Profit*. YouTube. <https://youtu.be/TEY5X9y0HXU>
19. Yaden, D.B. (2016, Apr 12). David Bryce Yaden & Alex Belser. [Audio Podcast episode]. In *Science of Spirituality*. MeaningofLife.tv. <https://podcasts.apple.com/us/podcast/david-bryce-yaden-alex-belser/id1076697354?i=1000366726630>
20. Kosterlitz, C., & Kosterlitz, S. (2019, Dec 12). Psychedelics, Dance and Breathing: How Ecstatic Practices Can Improve Your Relationship (No. 228). [Audio Podcast episode]. In *Relationship Advice*. Spotify. <https://open.spotify.com/episode/05xkqkgdp7Oj1eSnf7AAZ1>

### **Media Coverage Featuring Dr. Belser**

Outlets include: NPR, Rolling Stone, VICE News, VOX, The Guardian, Newsweek, The Atlantic, Forbes, Mashable, Benzinga, Psychedelic Spotlight, Spokesman, Yahoo Finance, KPCW Cool Science Radio, DoubleBlind Magazine, FXStreet, Discover Magazine, The Hollywood Reporter, GOOP, Lucid News, and Elemental.

1. NPR. (2024, January 29). *A former church girl's search for a new spiritual home*. By Jess Alvarenga, B.A. Parker, & Schuyler Swenson. *Code Switch: Bonus Draft*. Retrieved from <https://www.npr.org/2026/01/01/1198004949/zz-codeswitch-bonusdraft>
2. Friedler, D. (2023, January 6). Does the queer scene have a ketamine problem? *Rolling Stone*. <https://www.rollingstone.com/culture/culture-features/ketamine-queer-scene-addiction-side-effects-1234656422/>
3. Mashable. (2021, April). *Psychedelic medicine's resurgence*. Retrieved from <https://www.mashable.com>
4. Benzinga. (2022, May). *Cybin announces CYB003 poster to be presented at the From Research to Reality global summit on psychedelic science*. Retrieved from <https://www.benzinga.com/pressreleases/22/05/b27016860/cybin-announces-cyb003-poster-to-be-presented-at-the-from-research-to-reality-global-summit-on-psy>
5. Gilman, G. (2022, February 23). *4 signs the psychedelics movement is unstoppable*. Psychedelic Spotlight. Retrieved from <https://psychedelicspotlight.com/4-signs-the-psychedelics-movement-is-unstoppable/>
6. Spokesman. (2022, February 4). *Psilocybin study underway in Seattle*. Retrieved from <https://www.spokesman.com/stories/2022/feb/04/psilocybin-study-underway-in-seattle/>
7. Yahoo Finance. (2022). *Cybin announces CYB003 poster presented at From Research to Reality*. Retrieved from <https://finance.yahoo.com/news/cybin-announces-cyb003-poster-presented-120000010.html>
8. Wells, J. (2021, July 8). *Investigating the use of psychedelic therapeutics*. KPCW Cool Science Radio. Retrieved from <https://www.kpcw.org/public-affairs/2021-07-08/investigating-the-use-of-psychedelic-therapeutics>

9. DoubleBlind Magazine. (2021, September 7). *Homophobia in psychedelic history w/ Alex Belser*. Retrieved from <https://doubleblindmag.com/homophobia-in-psychedelics-history-w-alex-belser/>
10. Yakowicz, W. (2021, October 31). *Kernel's brain imaging helmet approved for clinical trial on patients using ketamine*. Forbes. Retrieved from <https://www.forbes.com/sites/willyakowicz/2021/10/31/kernels-brain-imaging-helmet-approved-for-clinical-trial-on-patients-using-ketamine/>
11. Jarvieon, E. (2021, November 23). *Manhattan hospital partners with Cybin to provide psychedelic therapies to marginalized communities*. Psychedelic Spotlight. Retrieved from <https://psychedelicspotlight.com/manhattan-hospital-cybin-provide-psychedelic-therapies-marginalized-communities/>
12. Benzinga. (2021, November). *NYC's Lenox Hill Hospital with Cybin awarded grant, will provide psychedelic therapy to city's underserved population*. Retrieved from <https://www.benzinga.com/markets/cannabis/21/11/24256016/nys-lenox-hill-hospital-with-cybin-awarded-grant-will-provide-psychedelic-therapy-to-citys-under>
13. Benzinga. (2021, November). *Psyched: MindMed's MDMA program for autism, small pharma's new patent, NovaMentis orphan drug designation*. Retrieved from <https://www.benzinga.com/markets/cannabis/21/11/23763505/psyched-mindmeds-mdma-program-for-autism-small-pharmas-new-patent-novamentis-orphan-drug-designa>
14. Gilman, G. (2021, November 21). *Can the psychedelics boom go bust? A conversation with Cybin Chief Clinical Officer Dr. Alex Belser*. Psychedelic Spotlight. Retrieved from <https://psychedelicspotlight.com/can-psychedelics-boom-go-bust-conversation-with-cybin-chief-clinical-officer-dr-alex-belser/>
15. FXStreet. (2021, December 1). *Cybin: FDA gewährt IND-Status für Psychotherapie mit Psilocybin für Klinikpersonal*. Retrieved from <https://www.fxstreet.de.com/analysis/cybin-fda-gewaehrt-ind-status-fur-psychotherapie-mit-psilocybin-fur-klinikpersonal-202112011019>
16. Yakowicz, W. (2021, December 23). *How seeing God might be the secret to the most cutting-edge mental health treatments*. Forbes. Retrieved from <https://www.forbes.com/sites/willyakowicz/2021/12/23/how-seeing-god-might-be-the-secret-to-the-most-cutting-edge-mental-health-treatments/?sh=6c48702f4136>
17. Yakowicz, W. (2021, June 24). *Former head of psychiatry products at FDA joins psychedelic drug developer Cybin*. Forbes. Retrieved from <https://www.forbes.com/sites/willyakowicz/2021/06/24/former-head-of-psychiatry-products-at-fda-joins-psychedelic-drug-developer-cybin/?sh=2538702e26c2>
18. Meinich, T. (2021, June 10). *Psychedelics could be the future of psychotherapy*. Discover Magazine. Retrieved from <https://www.discovermagazine.com/mind/psychedelics-could-be-the-future-of-psychotherapy>
19. Powers, N., & Harrison, A. (2020, August 6). *Elijah McClain's death spotlights ketamine use in law enforcement actions*. Lucid News. Retrieved from <https://www.lucid.news/elijah-mcclains-death-spotlights-ketamine-use-in-law-enforcement-actions/>

20. McGhee, A. (2020, July 1). *Proposed patent for ketamine treatment challenged by clinicians*. Lucid News. Retrieved from <https://www.lucid.news/ketamine-treatment-patent-challenged/>
21. Hodges, N. (2020, June 25). *How psychedelics help with gender identity and transition*. DoubleBlind Magazine. Retrieved from <https://doubleblindmag.com/psychedelics-transgender/>
22. McClure, J. (2020, June 1). *Psychedelic studies have marginalized LGBTQI+ communities for years—These researchers are changing that*. DoubleBlind Magazine. Retrieved from <https://doubleblindmag.com/psychedelic-researchers-lgbtqi/>
23. Garfield, M. (2020, May 1). *Psychedelic Liberty Summit demonstrates diversity in cyberspace*. Lucid News. Retrieved from <https://www.lucid.news/psychedelic-liberty-summit-demonstrates-diversity-cyberspace/>
24. Sakellaridis, F. (2020, April 15). *Therapists see benefits and risks in psychedelic therapy during Covid-19 crisis*. Lucid News. Retrieved from <https://www.lucid.news/benefits-risks-psychedelic-therapy-covid-19/>
25. Hartman, S. (2019, October 28). *Where are all the queer people?* DoubleBlind Magazine. Retrieved from <https://doubleblindmag.com/queer-psychedelics/>
26. Dermendzhiyska, E. (2019, August 22). *The trippy science of psychedelic studies*. Elemental. Retrieved from <https://elemental.medium.com/the-dark-science-of-psychedelics-a3fc32be5e0b>
27. Brunner, J. (2019, March 11). *Inside Gwyneth Paltrow's Goop Summit*. The Hollywood Reporter. Retrieved from <https://www.hollywoodreporter.com/lifestyle/style/inside-gwyneth-paltrow-s-goop-summit-2019-1193800/>
28. Belser, A. (2019). *Can an ecstatic practice create change in an instant?* [Web log]. GOOP. Retrieved from <https://goop.com/wellness/health/how-to-change-yourself/>
29. Lewton, T. (2019, February 12). *Psychedelics are for queer folks, too*. VICE News. Retrieved from <https://www.vice.com/en/article/8xwz95/lgbtq-psychedelic-therapy-trauma-depression-anxiety>
30. Lopez, G., & Zarracina, J. (2016, December 1). *The fascinating, strange medical potential of psychedelic drugs, explained in 50+ studies*. VOX. Retrieved from <https://www.vox.com/2016/6/27/11544250/psychedelic-drugs-ld-psylocybin-effects>
31. Dunne, C. (2018, December 6). *Welcome to the trip of your life: The rise of underground LSD guides*. The Guardian. Retrieved from <https://www.theguardian.com/society/2018/dec/06/ld-guides-psychedelic-assisted-psychotherapy>
32. Main, D. (2014, October 14). *Ecstasy and acid in your medicine cabinet? Doctors explore psychedelics*. Newsweek. Retrieved from <https://www.newsweek.com/2014/11/07/thats-trip-scientists-discuss-merits-psychedelics-medicine-277383.html>
33. Morin, R. (2014, April). *Prescribing mushrooms for anxiety*. The Atlantic. Retrieved from <https://www.theatlantic.com/health/archive/2014/04/chemo-for-the-spirit-ld-helps-cancer-patients-cope-with-death/360625/>

